

Include the following items in the kit: New or gently used:

- 1 regular size bath towel
- 1 wash cloth

New items:

- 1 bath size bar of hand soap (wrapped) - any kind
- 1 toothbrush
- 1 tube tooth paste, medium or large (or two small sample sizes) - any kind
- 1 "pick" comb (see illustration)
- 1 nail clipper
- 6 Band-Aids
- 1 jar or tube of petroleum jelly
- 1 pair heavy duty household gloves (kitchen type) size: medium
- 1 small devotional booklet such as Portals of Prayer or Christ in our Home (does not have to be current issue)

Wrap all items in the towel. Place in large (2 gallon or larger) "Ziploc" plastic bag (bags will be available in the Narthex) Include note: "AIDS/Hospice Kit" - The note should be visible through the bag. Squeeze the air out of the bag before packing.

The HIV/AIDS epidemic has added enormous challenges to health care worldwide. Missionaries, their health care worker colleagues, and patients' families in third world countries must provide daily care to AIDS patients who suffer from the symptoms of a devastating, end stage disease. An AIDS/Hospice Kit can provide cleanliness and comfort and hope. Our prayers and generosity can reach far into the lives of those who have been affected. As you pack the kit, pray for the church visitation teams and medical professionals

## HEALTH KIT

People who must flee their homes quickly often do not have time to pack essential items. Health kits can help refugees maintain personal hygiene while living in exile. Items may also contribute to a new start of those who can return home.

Include the following items:

- One hand towel, dark color recommended
- One washcloth, dark color recommended
- One bath-size bar (4 to 5 oz.) of soap, any brand, in its original wrapping
- One adult-size toothbrush in its original packaging
- One sturdy comb, remove packaging
- One metal nail file or nail clippers with file attached, remove packaging (do not substitute cardboard emery boards for the file)
- Six Band-Aids® (or similar brand), preferably 1/2" to 3/4"; secure together with a rubber band

Note: Toothpaste will be added at the LWR warehouse. Please do not include toothpaste in your kits.

**Packaging:** Do not add other items or leave out any of the items listed. All items should be new and in good condition. Wrap smaller items in the washcloth; wrap washcloth and remaining items in the towel and tie securely with ribbons or yarn. Do **NOT** enclose this kit or any of its contents in plastic bags.

If you have any questions, please contact: Carolyn Van De Wiel 348-3783 ([vandewic@uwplatt.edu](mailto:vandewic@uwplatt.edu))

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